



## WELCOME TO STEPPING STONES FOSTERING



## Children's Guide (0-5 years old)

Stepping Stones Fostering Limited SSFL, Telephone: 02084780840, Emergency/ Out of office hours/  
24 hours – contact mobile number – 07957308088

Reviewed March 2023



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We are pleased you have come to live at Stepping Stones Fostering.



We're here to listen and help you.



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We want you to be a happy.



We want you have a safe home.

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We want you to have a caring foster parents.

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We want you to be well



You may see your nurse



You may see your doctor





You may see your dentist  
We want you to have friends and to enjoy.



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You have a right to have a pocket money



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You have a right to eat what you like



You have a right to do what you really like doing (have a hobby, interest)

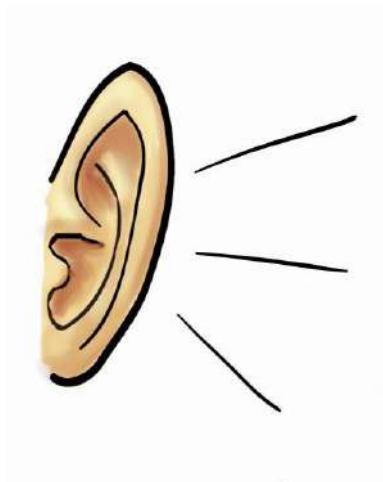


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You have a right to talk to someone if you are worried or unhappy



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You have a right to talk and complain



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There are some people to help you



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Foster carer



Social worker



Police officer



Teacher

## USEFUL CONTACTS:

### **STEPPING STONES FOSTERING LIMITED**

Your view is very important to us. Let us know if you need to talk about how we can help you. Is there anything else that you would like to say or ask. Please call us on telephone number:

Stepping Stones Fostering Limited SSFL, Telephone: 02084780840, Emergency/ Out of office hours/ 24 hours – contact mobile number – 07957308088



0208 478 0840 and talk to Neeta or Esther

You can email us:



[manager@steppingstonesfostering.co.uk](mailto:manager@steppingstonesfostering.co.uk)

[neeta@steppingstonesfostering.co.uk](mailto:neeta@steppingstonesfostering.co.uk)

Write the letter:



Stepping Stones Fostering Limited

106 Sir Robert Peel House,

344-348 High Road

Ilford

IG1 1QP

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## You can ask anyone to contact people who will help you



- + Your Social worker  
Phone number:

- + **INFORMATION CHILD LINE**

Phone: 0800 1111

Website: <http://www.childline.org.uk/>

**SPEAKING TO CHILDLINE**

When you call us on 0800 1111 you'll get through to a counsellor, they're there to listen and support you with anything you'd like to talk about. Or you can have a 1-2-1 counsellor chat online.

You can also send us an email from your locker. We'll try to answer this within a day, but sometimes it can take a little longer.

Childline is open 24 hours a day, 7 days a week. So you can talk to us any time. But we might not be able to talk for as long when it's after midnight.

- + **NSPCC**

Website: <https://www.nspcc.org.uk/>

Post: The NSPCC Weston House, 42 Curtain Road, London, EC2A 3NH

Email: [help@nspcc.org.uk](mailto:help@nspcc.org.uk) Phone: 0808 800 5000

Text phone: (for people who are deaf or who have a hearing impairment) 0800 056 0566

- + **CORAM VOICE – SPEAK TO AN INDEPENDENT ADVOCATE**

Website: [www.coramvoice.org.uk/](http://www.coramvoice.org.uk/)

Free Phone from landline or mobile: 0808 800 5792

Tel: 020 7833 5792

**Interpreters**

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Interpreters are available - through Language Line - to allow young people who speak little or no English to access the support of the helpline.

 **Email an advocate**

You can contact an advocate by emailing [info@coramvoice.org.uk](mailto:info@coramvoice.org.uk)

**Send a text to an advocate**

If you want to speak to an advocate, you can ask for someone to call you back by sending a text to 07758 670 369.

**Write to an advocate**

If you want to write to an advocate, then please send your letter to; Coram Voice, Coram Campus, 41 Brunswick Square, London WC1N 1AZ

 **THE CHILDREN'S LEGAL CENTRE**

Website: [www.childrenslegalcentre.com](http://www.childrenslegalcentre.com)

E-mail: [info@coramclc.org.uk](mailto:info@coramclc.org.uk)

 **CHILDREN'S COMMISSIONER FOR ENGLAND**

You can get in touch with the children's Commissioner

Dame Rachel de Souza

By Email: [info.request@childrenscommissioner.gov.uk](mailto:info.request@childrenscommissioner.gov.uk)

Phone: 020 7783 8330 Freephone: 0800 528 0731

Address and location: Children's Commissioner for England

Sanctuary Buildings

20 Great Smith Street

London

SW1P 3BT

 **OFSTED**

Website: [www.ofsted.gov.uk](http://www.ofsted.gov.uk)

Email: [CIE@ofsted.gov.uk](mailto:CIE@ofsted.gov.uk)

Phone: 0300 123 4666

**We don't ignore complaints!**

**Children's Rights and Advocacy**

If you have any questions or problems that you feel you cannot discuss with your foster family or social worker, there is an Independent Advocacy service

 **N.Y.A.S. (NATIONAL YOUTH ADVOCACY SERVICE)**

Website: [www.nyas.net](http://www.nyas.net)

Email: [help@nyas.net](mailto:help@nyas.net)

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Helpline: 0808 808 1001

You can contact the advocacy worker whenever you need to. The advocacy service can support you in reviews, help you speak up about decisions that affect you and support you in making a complaint, as well as offering advice and information on your rights in care.



Care advice line

In care or a care leaver? Looking for help and advice? Talk to us in confidence – online or over the phone.

You can call us on 0800 023 2033 between 10:30am and 3pm, Monday to Friday, or email us at [advice@becomecharity.org.uk](mailto:advice@becomecharity.org.uk)